

Presented by Ben Bradstreet and Mark Reid



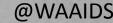
# Background

The evolution of a new approach to group work

Identifying the need

Formulating the goals/aims

Advertising & recruiting

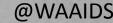


#### The Group Process

Setting the scene

Using non-conventional resources

Giving the floor to the participants



Roles of the facilitators Roles of the participants Dissolution of roles over time @WAAIDS

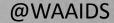
#### Issues

U+, =, U=, PrEP

Telling people/ Relationships

Stigma including criminalisation

Advocacy



## What the guys say

"Meeting and sharing with such a great group has been affirming"

"BP has made me stronger and I feel more comfortable with my status"

"Great to feel part of something special and connected, it helped with the normalisation and healing process"

"I really liked it when Mark and Ben sat amongst us, it made for a great atmosphere"

"Great mixture of fact, opinion, personal and general"

"Very relaxed and open forum which stimulated discussion and conversation freely"

"The course exceeded my expectations-but then, I'm a bit of a cynical bitch at times!"

"It really opened my eyes to the shit poz guys have to deal with, and that we all are responsible to change community"

"It was good to get the chance to tell guys how it feels when all the responsibility is on your shoulders"

"I know the reason for having poz and neg guys in the groups, but it made me shut down a little"

## Facilitator experience & observation

Group cohesion Benefit of group support Long-term diagnosed sharing experiences with newly diagnosed



QUESTIONS

#### Thank you

