Developing a framework for community-based sexual health interventions for youth in the rural setting.

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Acknowledgement of Country

I acknowledge the Wadjuk Nyungar people as the traditional custodians of the land on which we meet today, and

Pay my respects to past, present and future elders.

Project Aim

To use a participatory action research (PAR) methodology to develop and validate a framework for planning, implementing and evaluating community-based youth sexual health interventions in the rural setting.

Objectives

- 1. Conduct an analysis in relation to evidence-based practice, settings, key stakeholders and interventions in the rural setting.
- 2. Develop a framework in consultation with key stakeholders and the target group for planning, implementing and evaluating community-based youth sexual health interventions in the rural setting using a PAR methodology.
- 3. Evaluate the validity of the framework.



PLANNING FOR YOUTH FRIENDLY HEALTH SERVICES IN DENMARK





Carl Heslop and Dr Ruth McConigley Denmark Health Hub

WA AIDS Council

Background

Defends is a right town located in the Great Southern region of Western Australia (MA), with an approximate population of 5.500 aropte.

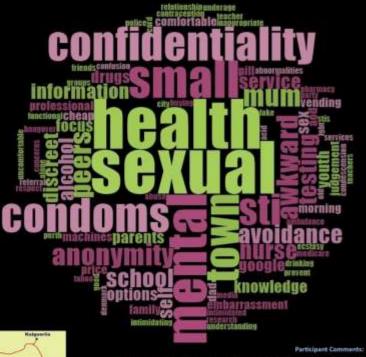
- (Histive community porticipation is planning and service development
- Access health resources from publish funding agencies.

A DHH forum in 2011 highlighted that principles in Dermark viewed themselves as not "youth friendly" will wented to ask the youth of Denmark what their experiences were like in accessing

A series of forums and interviews were conducted with young Dentrurk residents during WA Sexual Health Week.

The forums:

Western Australia



"I pay more attention to friends" [than doctors or health professionals for information]

"I just expect respect back" (Interacting with GPs) reckon they try their hardest to educate you however there are so many taboos around it all, everyone is scared to pay attention" (sexual health education)

"Thin ones....I stay away from" [types of condoms that are acceptable]

"You can't really go anywhere without people finding out." [Iwing in a small town]

"I go through self-serve. Then no one really notices what you're putting through" [to buy condoms] I'il go to my Mum first and then if I wasn't satisfied i'il go to see the dactor" (for health information)

SIREN 2014

Is Denmark Rural?

rural

/ˈrʊərəl/ adjective

- 1. of, relating to, or characteristic of the country or country life
- 2. living in or accustomed to the country
- 3. of, relating to, or associated with farming

RRMA: 5 Other rural area

AGSC-RA: RA3

ARIA+ Ave of 4

MMM: MM5

What is "rural"?

"Rurality is like beauty, which is in the eye of the beholder"

- Couper, (2004) Rural and Remote Health

So is it **RURAL**?

The National Strategic Framework for Rural and Remote Health (2012) classifies all RA2 and RA3 centres as "rural".

The town has a population of 5000

Main industry agriculture

Lacks services

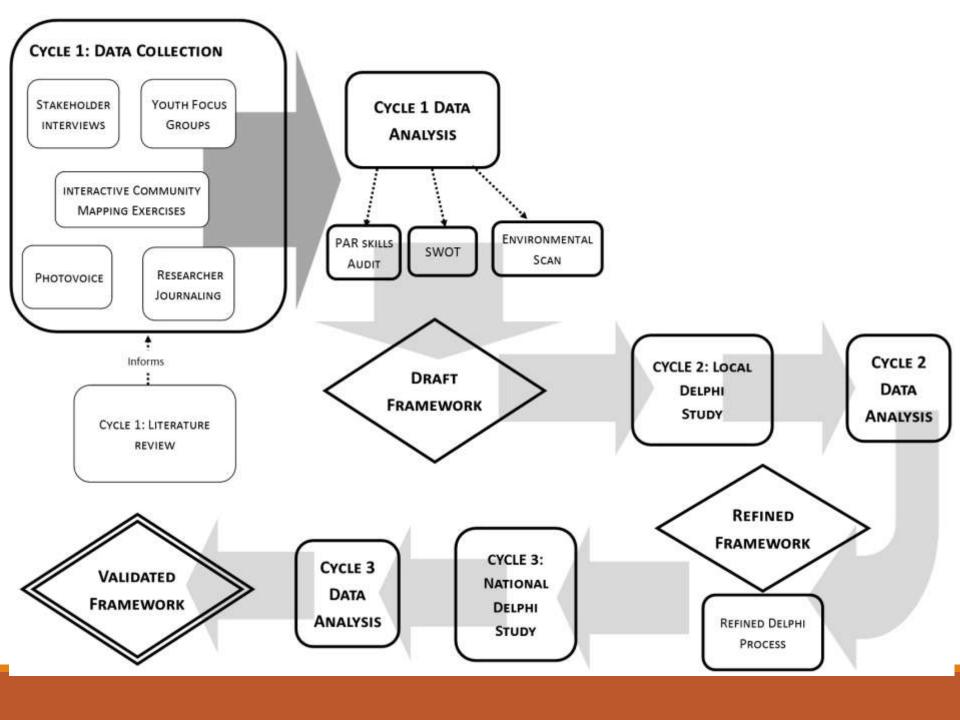
55km from nearest regional city (population ~33000)

Project – 3 PAR cycles

Multiple recurrent stages of observation, reflection, planning and action (Kemmis & McTaggart, 2000)

Gives a voice to participants (Crane & O'Regan, 2010)

Cycles are influenced by previous cycles



Cycle 1 – set the context

Insider-research
Immersion

Access

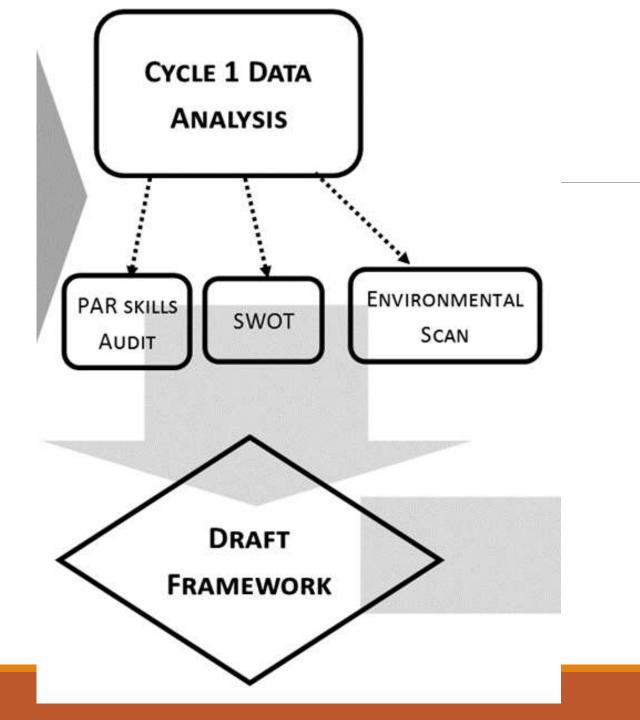
CYCLE 1: DATA COLLECTION

STAKEHOLDER INTERVIEWS YOUTH FOCUS GROUPS

INTERACTIVE COMMUNITY
MAPPING EXERCISES

PHOTOVOICE

RESEARCHER JOURNALING



Early data and discussion points

Initial interviews have been productive (n= 13)

Some stakeholders easier to access than others

Need further youth input

Simple things

Weaknesses **Strengths** Willingness Coordination **Collaboration** Range **Connected nature** Setting Knowledge **Opportunities Threats Potential Priorities Funding** Awareness Simple solutions Stigmatisation

Weaknesses

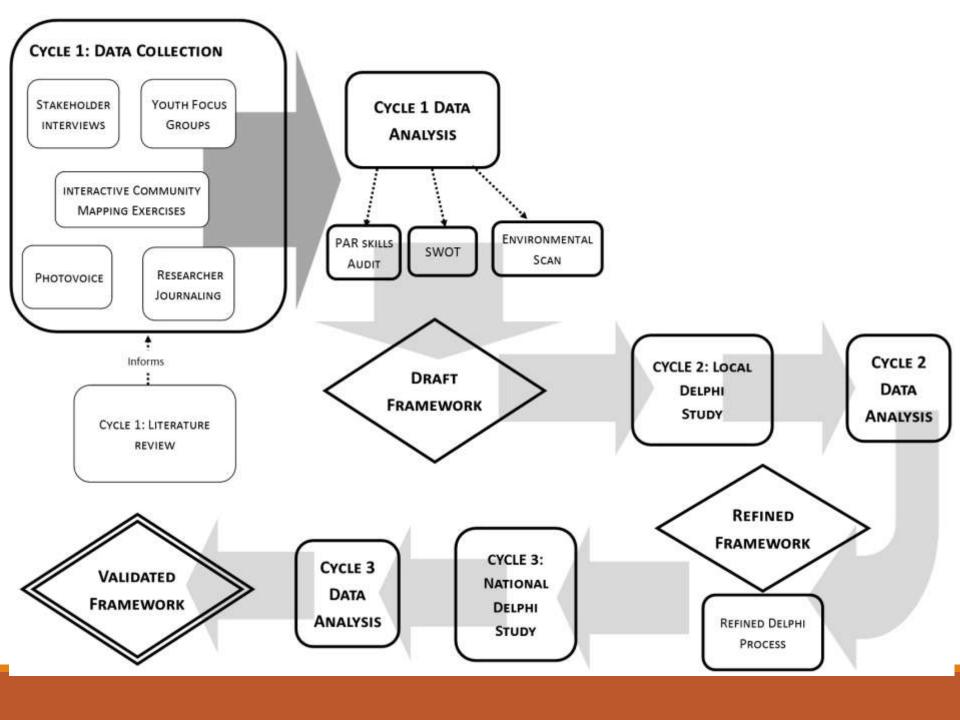
"I kind of get the feeling that there are a lot of resources out there that are untouched..."

Opportunities

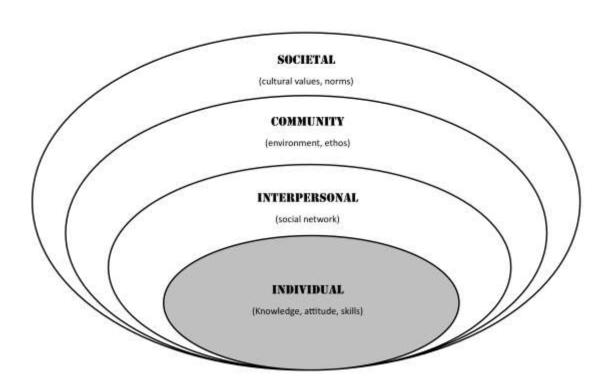
"There is a lack of knowledge and skills of the young people to access GPs..."

Where to from here?





Bronfenbrenner's ecological framework



Cycles 2 & 3:Refining & Validating

Delphi technique

Evaluate framework

CYCLE 2: LOCAL
DELPHI
STUDY

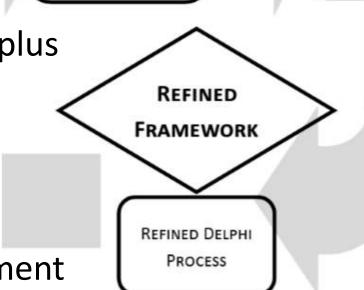
CYCLE 2
DATA
ANALYSIS

Sampling: Key stakeholders plus additional experts

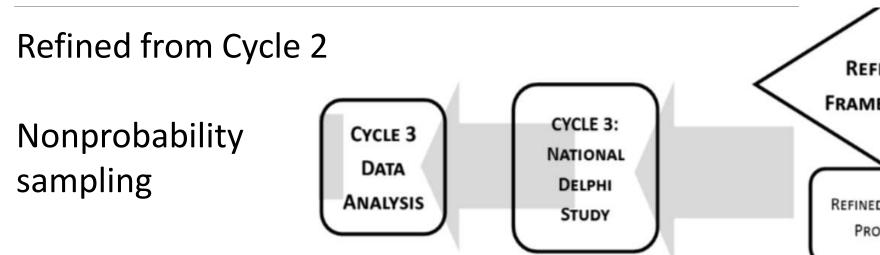
Initial open ended questionnaire

Followed by ranking/refinement

Hasson, Keeney, & McKenna, 2000



Cycle 3: Refining & Validating



Experts that can give insight

Proposed 40 participants - background of primary health, youth work or health promotion in the rural setting