

Opportunistic health promotion in an NSP setting



*Nadia Cleber (NSP/Volunteer Coordinator - HepatitisWA)
Bianca Fish (Curtin Health Promotion Graduate and HepatitisWA Volunteer)
nspvolcd@hepatitiswa.com.au*

hepatitis*wa*

Rationale

- NSP's provide an opportunity to do brief education intervention with a marginalized population group.

Method

- Brief education sessions
- Message board
- Resources
- Fitpack Flyers



Health promotion plan

Month	Health Message/Theme
January	Naloxone training promotion
February	Sexual health month
March	Change day Oral health promotion
April	BBV testing Health and liver checks Vaccinations
May	Healthy eating Domestic violence prevention World no tobacco day
June	Men's health Drug action week
July	Hepatitis awareness month Dry July
August	Overdose awareness
September	Suicide prevention Women's health
October	Mental health month International drug users day
November	Homeless connect Violence against women prevention
December	HIV/AIDS awareness month

Strategies

April 2015				
Health Message/Theme	Risk Factor	Strategy	Resources	Stakeholders
BBV testing promotion	Not getting tested for BBV, unsafe injecting practices	<ul style="list-style-type: none"> • Message board “Is it time for a free blood test” • Talk to clients about getting tested for BBV 		<ul style="list-style-type: none"> • Nurse
Health and liver check-ups promotion World Health Day 7 th April	Injecting drugs, not being tested for BBV/STI, not being vaccinated against Hep A/B, unhealthy diet, low socio-economic status	<ul style="list-style-type: none"> • Message board “How is your health. Do you need a check?” • Put health and liver check-ups flyers in fitpacks • Give out street doctor timetables to NSP clients 	<ul style="list-style-type: none"> • Health and liver check-ups flyers • Street doctor timetables 	<ul style="list-style-type: none"> • Street doctor • Nurse
Hepatitis A/B Vaccination promotion	Not being vaccinated against hepatitis A/B and influenza, injecting drugs, unsafe sexual practices	<ul style="list-style-type: none"> • Message board “Are you vaccinated against Hep A/B?” • Put vaccination flyers in fitpacks 	<ul style="list-style-type: none"> • Hep A/B vaccinations • Fluvax • Vaccination flyers 	<ul style="list-style-type: none"> • Nurse
Fluvax promotion Immunisation Week 24 th – 30 th April	Not being vaccinated against hepatitis A/B and influenza, injecting drugs, unsafe sexual practices	<ul style="list-style-type: none"> • Message board “Are you ready for flu season? Get fluvax here” • Put vaccination flyers in fitpacks 	<ul style="list-style-type: none"> • Fluvax • Hep A/B vaccinations • Vaccination flyers 	<ul style="list-style-type: none"> • Nurse

Outcomes

- Increase in BBV testing from previous month (+44%)
- Increase in STI testing from previous month (+20%)
- Increase in Vaccinations from previous month (+11%)
- Increase in education sessions surrounding BBV and STI (+ 33%)



Contact HepatitisWA

(08) 9328 8538 (Metro)

1800 800 070 (Country)

Monday - Friday

9am - 5pm

nspvol@hepatitiswa.com.au

www.hepatitiswa.com.au

