# Opportunistic health promotion in an NSP setting



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#### Rationale

 NSP's provide an opportunity to do brief education intervention with a marginalized population group.

#### Method

- Brief education sessions
- Message board
- Resources
- Fitpack Flyers



### Health promotion plan

Month	Health Message/Theme		
January	Naloxone training promotion		
February	Sexual health month		
March	Change day Oral health promotion		
April	BBV testing Health and liver checks Vaccinations		
May	Healthy eating  Domestic violence prevention  World no tobacco day		
June	Men's health Drug action week		
July	Hepatitis awareness month Dry July		
August	Overdose awareness		
September	Suicide prevention Women's health		
October	Mental health month International drug users day		
November	Homeless connect Violence against women prevention		
December	HIV/AIDS awareness month		



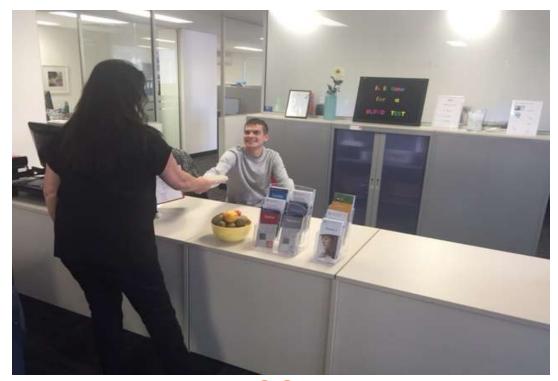
# Strategies

April 2015					
Health Message/Theme	Risk Factor	Strategy	Resources	Stakeholders	
BBV testing promotion	Not getting tested for BBV, unsafe injecting practices	<ul> <li>Message board "Is it time for a free blood test"</li> <li>Talk to clients about getting tested for BBV</li> </ul>		• Nurse	
Health and liver check-ups promotion  World Health Day 7 <sup>th</sup> April	Injecting drugs, not being tested for BBV/STI, not being vaccinated against Hep A/B, unhealthy diet, low socio-economic status	<ul> <li>Message board "How is your health. Do you need a check?"</li> <li>Put health and liver check-ups flyers in fitpacks</li> <li>Give out street doctor timetables to NSP clients</li> </ul>	<ul> <li>Health and liver check- ups flyers</li> <li>Street doctor timetables</li> </ul>	<ul><li>Street doctor</li><li>Nurse</li></ul>	
Hepatitis A/B Vaccination promotion	Not being vaccinated against hepatitis A/B and influenza, injecting drugs, unsafe sexual practices	<ul> <li>Message board "Are you vaccinated against Hep A/B?"</li> <li>Put vaccination flyers in fitpacks</li> </ul>	<ul><li>Hep A/B vaccinations</li><li>Fluvax</li><li>Vaccination flyers</li></ul>	• Nurse	
Fluvax promotion Immunisation Week 24th – 30th April	Not being vaccinated against hepatitis A/B and influenza, injecting drugs, unsafe sexual practices	<ul> <li>Message board "Are you ready for flu season? Get fluvax here"</li> <li>Put vaccination flyers in fitpacks</li> </ul>	<ul><li>Fluvax</li><li>Hep A/B vaccinations</li><li>Vaccination flyers</li></ul>	• Nurse	



#### **Outcomes**

- Increase in BBV testing from previous month (+44%)
- Increase in STI testing from previous month (+20%)
- Increase in Vaccinations from previous month (+11%)
- Increase in education sessions surrounding BBV and STI (+ 33%)



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# **Contact HepatitisWA**

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