



YOUR Health Evaluation Information Statement



What is this program about? YOUR Health is a 6-week program that provides young people with information and education on sexual health, blood-borne virus (BBV) risk, healthy relationships, substance use harm reduction and mental health. The program is a partnership between **HepatitisWA, WA Substance Users Association, WA AIDS Council, Sexual Health Quarters** and **HeadSpace**. Each week someone from one of the organisations run a workshop on a different area of health. There is an anonymous question box available at all times for you to place any questions you want answered in. The final week involves all organisations running a wrap-up session. In this final session any questions in the anonymous question box will be answered.

What will I be learning about? Each week a new health topic will be covered by a different organisation: **Week 1: Sexual Health Quarters (SHQ)** - sexually transmissible infections and contraception. **Week 2: WA AIDS Council (WAAC)** - healthy relationships, consent, and the law and sex. **Week 3: WA Substance Users Association (WASUA)** - harm reduction services, substance categorisation and interaction, substance harms and harm reduction strategies. **Week 4: HepatitisWA** – blood-borne viruses and liver health. **Week 5: Headspace** - mental health, help seeking behaviours and interventions. **Week 6: All organisations** – wrap up session where your anonymous questions are answered!

Who is coordinating this program? The program is coordinated by Bianca Fish from HepatitisWA.

Why is this program being run? The program aims to provide young people with the skills and knowledge to make positive choices about their sexual and mental health, relationships, substance use and blood-borne virus risk.

Why is this program being evaluated? To determine if the program is having positive impacts on young people's health related knowledge, confidence, skills and behaviours.

What will I have to do? If you agree to participate you will attend a two hour long session once a week for six weeks. Before you begin the program you will be asked to watch an introductory video and complete a short pre-program evaluation form. After each session you will be asked to complete a short session evaluation form and at the wrap-up session you will be asked to complete a short program evaluation form.

Who will have access to the information I provide? The information collected during the evaluation will be anonymous. No one will be able to identify your information and all information collected will be treated as confidential and will not be linked with your consent form.



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The evaluation data collected will be stored at Curtin University for 7 years after the program has ended and then it will be destroyed. The results of the evaluation may be presented at conferences or published in professional journals. You will not be identified in any results.

Are there any benefits to participating? Taking part in the evaluation will assist us to determine what outcomes the program is producing. Your participation will be rewarded at the wrap up session with a program goody bag.

Are there any discomforts from participating? You may feel uncomfortable due to the health topic being discussed or due to previous personal experience. If you do feel uncomfortable for any reason you are able to take a time out. At all times there are people available for you to speak with outside of the session if you would like to. The YOUR Health program provides you with a safe, non-judgmental space for you to have your health related questions answered.

Do I have to take part? It is your choice to take part or not. If you decided to take part and then change your mind you can withdraw from further evaluations. Please let us know if you want to stop, you do not have to give us a reason why.

For more information: Please contact Bianca Fish from HepatitisWA

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Curtin University Human Research Ethics Committee (HREC) has approved this study (HREC number XX/XXXX). Should you wish to discuss the study with someone not directly involved, in particular, any matters concerning the conduct of the study or your rights as a participant, or you wish to make a confidential complaint, you may contact the Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au.

