

Developing Inclusive Resources for Sexual Health

Ruth Swan: SECCA Project Coordinator for Digital Development



SEXUALITY

EDUCATION

COUNSELLING

CONSULTANCY

AGENCY





Ability Relationships Sexuality

One Size Doesn't Fit All!























Ability Relationships Sexuality

An Inclusive Approach to Different Abilities

People with ...

- Autism Spectrum Disorder
- Intellectual Disabilities
- Learning Difficulties
- Impaired Vision
- Impaired Hearing
- Impaired Motor Control

Accommodations we can make ...

- Visual information
- Low reliance of text
- Tell-it-how-it-is information
- Scalability of images
- Audio options
- Pair with accessibility options





Ability Relationships Sexuality

This is where we started



A Steering Committee of Teachers, EAs, and Therapists developed a format for teaching and assessing six sexuality and relationships concepts.

The important parts:

- A flexible working space
- Illustrations
- Guidance for educators



Problems we needed to address

- Heavy, cumbersome materials ——— Create a lightweight, durable product
- Illustrations not comprehensive enough Work out what was needed
- Illustrations for a younger audience ——— Create characters across the lifespan
- Some images were too vague Functionally and anatomically correct images
- Only early concepts covered Expand content to include advanced concepts
- Inhibitive cost + training Funding for a freely available resource + support



The SECCA App



https://vimeo.com/256369789?autoplay=1



Our Top Ten Tips

- 1. Work out what you want to do and who you want to do it for.
- 2. Dream BIG!
- 3. Find funding options
- 4. Get a great support team behind you who know what they are doing
- 5. Prepare to be upskilled



Our Top Ten Tips

- 6. Develop relationships with key stakeholders very early on in the process for support with scoping, development, user testing, and evaluation
- 7. Figure out how you are going to maintain your resource
- 8. Opt for backend functionality that you can program yourself we opted for Wordpress
- 9. Consider how you can develop your resource for maximum inclusiveness
- 10. Enjoy the ride!



www.app.secca.org.au