# YOUR Health – Where are we now?

Bianca Fish



### What is YOUR Health?













## Workshops

Week 1 – SHQ

Week 2 – WA AIDS Council

Week 3 – Peer Based Harm Reduction WA

Week 4 – HepatitisWA

Week 5 – Headspace

Week 6 – Wrap-up session









#### 2017 Outcomes

- Peer education
- Use of clinical services
- Taking responsibility for their own health and wellbeing
- Increased overall knowledge



#### Evaluation

- Pre-post program evaluation forms
- Post session evaluation forms
- Interviews



1. Age		the workshops.	you!			
□ 14	□ 15	□ 16	HEALTI			
□ 17	□ 18	□ 19	KIND OF			
2. Gender			Z2NO9238			
☐ Male		☐ Female				
☐ Trans male/t	rans man	☐ Trans female/trans women				
Genderquee	г	Additional category				
Decline to st	ate					
3. Are you	of Aboriginal or T	orres Strait Islander origin?				
□ No		☐ Yes, Aboriginal				
☐ Yes, Torres Strait Islander		☐ Yes, both				
4. Do you	speak another lan	guage other than English at home?				
□ No		☐ Yes, specify what language				
5. What to	opics/areas of heal	th do you most want to learn about?				
6 Do you	have any question	s you want us to answer?				
o. Do you	nave any question	o you want as to answer:				



uation		<b>¥</b>	Curtin University
	Date:		

#### 7. On a scale of strongly agree to strongly disagree please rate the following statements

	agree	Agree	agree nor disagree	Disagree	disagree
I feel confident interacting with a person who has hepatitis C					
A person who has hepatitis C should tell their family, friends and workmates they have the virus					
Only people who inject drugs are at risk of blood-borne viruses					
Only gay men and people who inject drugs get HIV					
Unless you have sex with lots of people, sexually transmissible infections are not something you need to worry about					
Preventing sexually transmissible infections is important to me					
Preventing blood-borne viruses is important to me					
Preventing pregnancy is important to me					
Looking after my mental health and wellbeing is important to me					
I know what is involved in getting tested for sexually transmissible infections and blood- borne viruses					
I am confident I can access services that can help me with sexual health issues					
I am confident I know where to go for help if I'm not feeling like myself or I need someone to talk to					
I am confident I know where to go to get more information on drugs and alcohol					
I am confident I know where to access clean injecting equipment					
I am confident I can prevent sexually transmissible infections					
l am confident l can prevent blood-borne viruses					
l am confident l can prevent an unplanned					

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Not applicable to me	
I am likely to get tested for sexually transmissible infections in the next year							ĺ
transmissible infections in the next year	l	l				i	
I am likely to get tested for blood-borne							
viruses in the next year							









## Anticipated Outcomes

- Strengthen working relationships
- Increase young peoples knowledge of...
  - STI/BBV prevention and harm reduction strategies
  - contraceptive options
  - mental health coping strategies
- Familiarise young people with services



### So what?

- Building partnerships
- Access to a whole range of health information from experts
- Future adaption of the YOUR Health model?



# Thank you



hepatitiswa